

# PHYSICAL ACTIVITY IN CONTEMPORARY EDUCATION (PACE)

September 20-22, 2007

## *Preliminary Conference Schedule*

(as of 8/29/07; subject to change)



### ●● **Thursday, September 20** ●●

**6:00pm**

*Registration*

**6:00-9:00pm**

*Visit Exhibits*

*Illini Union C*

**7:00-7:30pm**

*Introductions*

*Illini Union A/B*

Kim C. Graber, University of Illinois  
Amy Mays Woods, University of Illinois

*Welcome*

Wojtek Chodzko-Zajko, Professor and Head, Department of Kinesiology and  
Community Health, University of Illinois

Tanya Gallagher, Dean, College of Applied Health Sciences, University of Illinois

**7:30-8:30pm**

*Keynote Address:*

*Illini Union A/B*

**Understanding Wellness: The First Step in Planning**  
Charles Corbin, Arizona State University

**8:30-9:30pm**

*Reception*

(schedule continues on next page)

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## ●● Friday, September 21 ●●

8:30am–4:00pm      *Visit Exhibits*  
*Illini Union C*

Theme I: Wellness at the Physical Education Level

9:00-9:50am      *Keynote Address:*  
*Illini Union A/B*      **The Role of Physical Education in the School Wellness Program**  
Judith Rink, University of South Carolina

9:50-10:00am      *Break – Visit Exhibits*  
*Illini Union C*

10:00-10:50am      *Breakout Sessions:*

1. **Competing Demands: Physical Fitness, Physical Activity, Motor Skills**  
*Illini Union A/B*  
Judith Rink, University of South Carolina and Lawrence F. Locke, University of Massachusetts
  2. **The Physical Educator's Role in Treating and Preventing Obesity**  
*Illini Union 210*  
Josh Trout, Cal State University at Chico
  3. **Creating a Physical Activity Culture in Schools: A Physical Activity Director Approach**  
*Illini Union 314 A*  
Aaron Beighle and Heather Erwin, University of Kentucky
- Local Wellness Policy – Physical Educators' Leadership Role: Learning Strategies – An Effective Solution**  
Renaë Buss, Author
4. **Rhetoric or Real Reform: An Appeal for Data Based Advocacy and Reform**  
*Illini Union 314 B*  
Ritchie Gabbei, Western Illinois University

**11:00-11:50am**  
*Illini Union A/B*

**Keynote Address:**  
**“GreatFun2Run”: An Intervention to Promote Physical Activity and Healthy Eating in Primary School Children**  
Trish Gorely, Mary Nevill, David Stensel, John Morris, Institute of Youth Sport, Loughborough University; Alan Nevill, Wolverhampton University, UK

**11:50am-12:30pm**     *Lunch* (box lunches provided)

## Theme II: Wellness at the Community Level

**12:30-1:20pm**  
*Illini Union A/B*

**Special Event:**  
**A Successful Collaboration between the Chicago Bulls and the Public Schools: Making it Happen with HOPSports**  
Dave Kurland, Senior Director of Community Relations for the Chicago Bulls;  
Tom Root, Chief Executive Officer of HOPSports.

**1:30-2:20pm**  
*Illini Union A/B*

**Keynote Address:**  
**Community Contexts: Making Activity Connections**  
Thom McKenzie, San Diego State

**2:20-2:30pm**  
*Illini Union C*

*Break — Visit Exhibits*

**2:30-3:20pm**

**Breakout Sessions:**

- 1. LE PAS (“The Step”) that Displaced Children Need: Promoting Physical Activity and Social Development within a Post-Katrina Travel Trailer Community**  
*Illini Union A/B*  
Russell L. Carson, Louisiana State University
- 2. Partnering with Your Community**  
*Illini Union 210*  
Kristin N. Bolton, Illinois State University; representatives from the Champaign and Urbana Park Districts
- 3. A School-based Wellness and Physical Activity Promotion Program: Linking School to Community**  
*Illini Union 314 A*  
Randy Nichols, Slippery Rock University; Patty Kardembikis and Mindy Nichols, Neshannock Township School District

**4. Schools Participation in the Development of Community Wellness: A Reverse Approach**

*Illini Union 314 B*

Mandy Jarriel, Georgia College and State University

**3:30-5:00pm**

*Organized Tours or Free Time —*

**1. Organized Tour of Human Kinetics**

Meet at the Illini Union hotel reception desk for transport.

**2. Organized Walking Tour of Campus**

Meet outside Conference Rooms A and B in the Illini Union.

**3. Independent Exercise at the Campus Recreation Center**

(schedule continues on next page)

# PHYSICAL ACTIVITY IN CONTEMPORARY EDUCATION (PACE)

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## ●● Saturday, September 22 ●●

**8:30am–4:00pm**      *Visit Exhibits*  
*Illini Union C*

Theme III: Wellness at the School Level

**7:30-8:30am**  
*Illini Grove*

*Kinesiology Student Association PACE RACE 5K Run/Walk*

Join the Kinesiology Majors' Club for a run/walk to promote physical activity and wellness on campus. Show your conference badge at the registration area and you can participate in this event at no cost. (There will be a small fee if you wish to purchase a t-shirt.)

**9:00-9:50am**  
*Illini Union A/B*

*Keynote Address:*  
**Policies to Promote Physical Activity through School-based Initiatives**  
Russell Pate, University of South Carolina

**9:50-10:00am**  
*Illini Union C*

*Beverage Break*

**10:00-10:50am**

*Breakout Sessions:*

**1. Healthier US Challenge: A Sneak Peek at Model School Criteria for School Wellness**

*Illini Union A/B*

Stacey Krawczyk, Illinois Nutrition Education and Training Program

**2. The Development of a Statewide Scholastic Wheelchair Sports Program: The Illinois High School Association Model**

*Illini Union 210*

Brad Hedrick and Mike Frogley, Division of Disability Resources and Educational Services, University of Illinois

**3. Coordinated School Health Programs Program: The Illinois High School Association Model**

*Illini Union 314 A*

Elizabeth Mahar, Past President of Midwest District and IAHPERD; Phyllis Pickett, Governor's Wellness Task Force

*Interactive Session:*

**4. Disguising Fitness – Innovative Ways of Getting Kids to Have Fun While Learning to Move**

*Illini Union Ballroom (2<sup>nd</sup> Floor)*

Jeff Mushkin, The SPARK Programs

**11:00-11:50am**

*Illini Union 314 A/B*

*Roundtable Sessions:*

**1. Professional Development and Its Impact on Student Activity Level**

Susan Hagood, Indiana State University; Susan Lynn, Florida State University

**2. Let's Get Physical! Increase the Amount of Activity in Your PE Class**

Lisa K. Perry, Alliance for a Healthier Generation

**3. Scholastic Physical Activity Programming: Collegiate Athletes with Disabilities**

Brad Hedrick, Mike Frogley, Sarah Castle, Jessica Galli, Shawna Culp, and Tatyanna McFadden, University of Illinois

**4. Mentoring "At Risk" Students through Physical Activity**

Sandra L. Nelson, Coastal Carolina University

**5. Playful Movement: The Essence of Physical Education**

Pierre Boudreau, John Coleman, and Rebecca Lloyd, University of Ottawa

**6. Video Games in Physical Education – The Exergaming Trend**

Josh Trout, Cal State University at Chico

**7. Local Wellness Policy – Meeting Nutrition and Physical Activity Goals**

Renae Buss, Author

**8. Student Wellness as Part of a Coordinated System**

Susan Farner, University of Illinois

**9. Creating Walking Communities: A Holistic Model**

Therese Miller, Westminster College

**10. The Wellness Policy Key to Success in Middle Grades: Make it Student Focused!**

Kay Mulhall, Center for Prevention Research Development at the University of Illinois; Renee Marquis, The Fitness Center; Deb Schrock, Director of Association of Illinois Middle-Level Schools (AIMS)

*Interactive Session:*

**11. GeoFitness – Integrated Learning through Meaningful Movement**

*Illini Union Ballroom (2<sup>nd</sup> Floor)*

Master Trainer, GeoFitness

**11:50am-12:30pm**

*Illini Union A/B*

*Lunch* (box lunches provided)

**12:30-1:00pm**

*Illini Union A/B*

*Motivational Event*

Jean Driscoll, Eight-time Boston Marathon Champion, College of Applied Health Sciences at the University of Illinois

**1:00-1:50pm**

*Illini Union A/B*

*Expert Panel Discussion:*

**Politics and Successful Implementation of Wellness Program in a School Curriculum**

Moderator: Wojtek Chodzko-Zajko, University of Illinois

Panelists: Mark Johnson (Olympic Athlete and Head Wrestling Coach), University of Illinois; Lawrence F. Locke (Professor, Author, Critic), University of Massachusetts at Amherst; Stephen Jefferies (PELinks4U, Professor, School Board Member), Central Washington University; Jan Burks (Principal) and Meg Greiner (NASPE and Disney Specialist Teacher of the Year, USA Today All Star Teacher Team), Independence Elementary School in Oregon

**1:50-2:00pm**

*Illini Union C*

*Break – View Exhibits*

**2:00-2:50pm**

*Breakout Sessions:*

**1. Get Them Moving, Keep Them Moving: Activity for Life**

*Illini Union A/B*

Meg Greiner and Jan Burks, Independence Elementary School in Oregon

**2. The Influence of Integrating Kinesthetic Learning Experiences in Elementary Classrooms**

*Illini Union 210*

Heather Erwin, Aaron Beighle, Mark Abel, and Angela Miller, University of Kentucky

**3. Is Healthful Nutrition Vending and Fundraising a Viable Option in Schools?**

*Illini Union 314 A*

Lisa Burgoon, University of Illinois; Stacey Krawczyk, Illinois Nutrition Education and Training Program

**4. Healthy, Fit and Ready to Teach: Staff Wellness in Action**

*Illini Union 314 B*

Joan K. Brucha, Alliance for a Healthier Generation

*Interactive Session:*

**5. Rhythm Gym: Integrative Wellness/Developing Multiple Domains**

*Illini Union Ballroom (2<sup>nd</sup> Floor)*

Kalani, Rhythm Gym

**3:00-3:50pm**

*Breakout Sessions:*

**1. Successfully Implementing a Wellness Program: You've Come a Long Way Baby**

*Illini Union A/B*

Lynn Srull (NASPE Midwest Middle School Teacher of the Year) and Dr. Susan Zola (Principal)

**2. Leading Your Campus in Faculty and Staff Wellness: The "R UIndy Fit?" Program**

*Illini Union 210*

Lisa L. Hicks and Jennifer L. VanSickle, University of Indianapolis

**3. Putting Your Local Wellness Policy into Action**

*Illini Union 314 A*

Stacey Krawczyk, Illinois Nutrition Education and Training Program

*Interactive Session:*

**4. Energize Your Classroom: Two to Five Minute Energy Boosters**

*Illini Union Ballroom (2<sup>nd</sup> Floor)*

Julia Vagovic, Monte Sano Elementary School; Paula Dohoney, Augusta State University

**4:00-4:50pm**

*Breakout Sessions:*

**1. Lifetime Wellness: A Successful University-Required Experience at a Student-Oriented Liberal Arts University**

*Illini Union 210*

William Sparks (Past President of Midwest District and National Association of Kinesiology and Physical Education in Higher Education), Washburn University

**2. Developing a Personalized School Wellness Plan at the Elementary and Middle School Levels**

*Illini Union 314 A*

Amy Mays Woods and Kim C. Graber, University of Illinois

**3. Developing a Personalized School Wellness Plan at the Secondary Level**

*Illini Union 314 B*

Darla Castelli, University of Illinois, and selected panelists

**4:50-7:00pm**

*Free Time*

**7:00-9:00pm**

*Illini Union Ballroom*

*Closing Banquet*

*Keynote Address:*

**Inactive and Overweight Kids: *Who is Responsible?***

Stephen Jefferies, Central Washington University

*Closing Commentary*

Wojtek Chodzko-Zajko, University of Illinois

*Closing Remarks and Acknowledgements*

Amy Mays Woods, University of Illinois

Kim C. Graber, University of Illinois